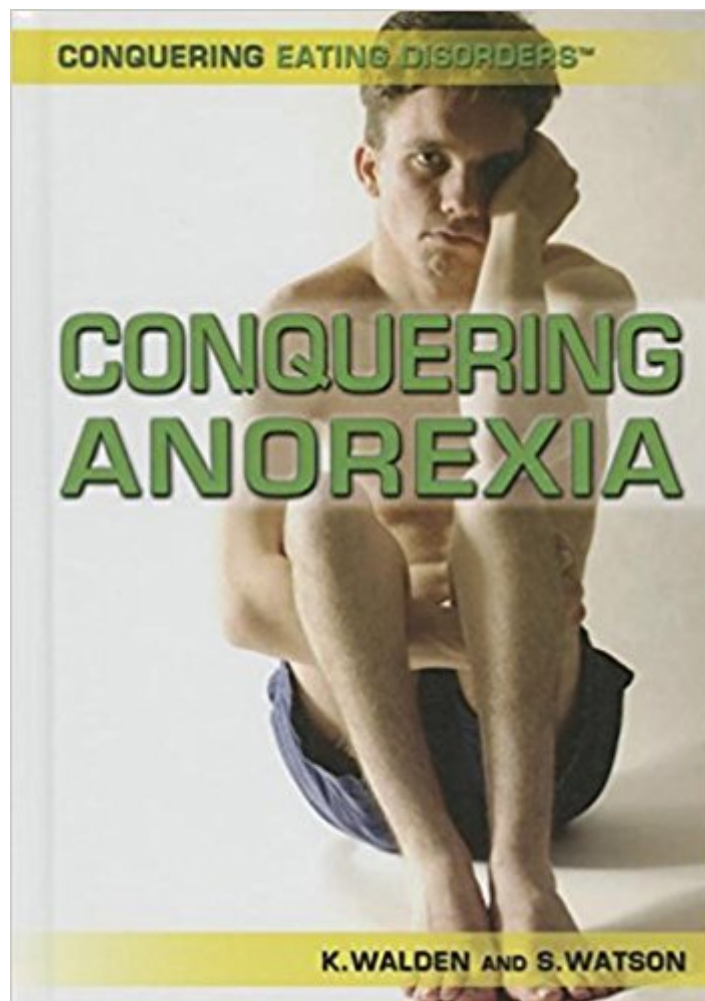




**Ebook Directory**  
the best source of ebook

The book was found

# Conquering Anorexia (Conquering Eating Disorders)



## Synopsis

Like other eating disorders, anorexia is especially common among teens and young adults. Anorexia is a serious disease that, in a small but significant percentage of patients, can end in death. However, it is also a condition that can be treated; meaningful recovery is a real possibility. This volume lays out the symptoms of anorexia and explains risk factors for the disease. It offers advice on getting healthy, encompassing both tips for healthy living and suggestions about how and whom to ask for help. A Myths and Facts section helps dispel some common misconceptions about anorexia, while the back matter contains a useful list of organizations readers can contact to get help or to learn more about the disease.

## Book Information

Series: Conquering Eating Disorders

Library Binding: 64 pages

Publisher: Rosen Young Adult (January 15, 2016)

Language: English

ISBN-10: 1499462034

ISBN-13: 978-1499462036

Product Dimensions: 6.6 x 0.4 x 9.2 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #7,505,295 in Books (See Top 100 in Books) #99 in [Books > Health, Fitness & Dieting > Children's Health > Eating Disorders](#) #310 in [Books > Teens > Personal Health > Diet & Nutrition](#) #320 in [Books > Teens > Personal Health > Depression & Mental Health](#)

[Download to continue reading...](#)

Eating Disorders Information for Teens: Health Tips About Anorexia, Bulimia, Binge Eating, and Other Eating Disorders (Teen Health Series) Conquering Anorexia (Conquering Eating Disorders) Clean Eating: 365 Days of Clean Eating Recipes (Clean Eating, Clean Eating Cookbook, Clean Eating Recipes, Clean Eating Diet, Healthy Recipes, For Living Wellness and Weight loss, Eat Clean Diet Book The Ultimate Guide Living through the 12 Steps-: How to Live a Life without Gambling, Cutting, Bulimia, Anorexia, Eating Disorders, Smoking (addiction ... disorders, 12 steps) Investigating Eating Disorders (Anorexia, Bulimia, and Binge Eating): Real Facts for Real Lives (Investigating Diseases) The Eating Disorders Update: Understanding Anorexia, Bulimia, and Binge Eating

(Disease Update) What's Eating You?: A Workbook for Teens with Anorexia, Bulimia, and other Eating Disorders Binge Eating: Cure Binge Eating, Overcome Food Addiction, and Rid Your Life of Eating Disorders (Binge Eating Cure Series Book 1) Anorexia Nervosa (Eating Disorders Book 2) Anorexia Nervosa and Related Eating Disorders in Childhood and Adolescence: 2nd Edition Anorexia (Danger Zone: Dieting and Eating Disorders) The Eating Disorders Sourcebook: A Comprehensive Guide to the Causes, Treatments, and Prevention of Eating Disorders (Sourcebooks) Eating Disorders Anonymous: The Story of How We Recovered from Our Eating Disorders CLEAN EATING: The Detox Process And Clean Eating Recipes That Help you lose weight naturally (Clean eating cookbook, Weight Watchers,Sugar free detox,Healthy ... Eating Cookbook,Loss weight Fast,Eat thin) Clean Eating: Clean Eating Diet: The 7-Day Plan for Weight Loss & Delicious Recipes for Clean Eating Diet (Clean Eating, Weight Loss, Healthy Diet, Healthy ... Paleo Diet, Lose Weight Fast, Flat Belly) Anorexia and Bulimia (Perspectives on Diseases and Disorders) Anorexia and Bulimia (USA Today Health Reports: Diseases & Disorders) Anorexia (Compact Research: Diseases & Disorders) Brave Girl Eating: A Family's Struggle with Anorexia Anorexia Nervosa: Whe Food Is the Enemy (Teen Health Library of Eating Disorder Prevention)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)